



EBCC Gym Schedule

March 13th-20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Open Gym		Open Gym				
6:00am	Sport Conditioning 6:00-6:45		Sport Conditioning 6:00-6:45				
6:30am		Open Gym 5:30-8:30		Open Gym 5:30-8:30	Open Gym 5:30-9:00		
7:00am	Bootcamp 7:00-8:00		Bootcamp 7:00-8:00			Open Gym	
7:30am						Drop-in Carve 8:00-9:00	
8:00am	Open Gym 8:00-9:00		Open Gym 8:00-9:00			Drop-in Carve 9:00-10:00	
8:30am		Drop-in Boulder Lift 8:30-9:30		Drop-in Boulder Lift 8:30-9:30	Drop-in Total Body Fit 9:00-10:00		
9:00am	Drop-in Boulder Lift 9:00-10:00		Drop-in Boulder Lift 9:00-10:00				
9:30am							
10:00am	Open Gym 10:00-11:00				EXPAND Friday Fun 10:00-11:30	Camp 10:00-12:30	Open Gym 8:30-2:00
10:30am		Quad Rugby 10:30-1:30	Open Gym 10:00-12:30			W o m e n s	
11:00am							
11:30am	Drop-in Pickleball 11:00-1:00				Drop-in Pickleball 11:30-1:15		
12:00pm							
12:30pm							
1:00pm				Open Gym 9:30-5:30			
1:30pm	Drop-in Snr Vball 1:30-3:30		Adult Volleyball 12:30-4:30		Drop-in Snr Vball 1:30-3:30	Open Gym 10:00-6:00	*NEW* Drop-in Pickleball 2:00-4:00
2:00pm		Open Gym 9:30-9:30			Open Gym 1:30-3:30		
2:30pm							
3:00pm							
3:30pm		Drop-in All Ages Bball 3:30-5:00			Drop-in All Ages Bball 3:30-5:00		
4:00pm							
4:30pm	Open Gym 1:00-9:30						
5:00pm							
5:30pm					Open Gym 1:30-7:00		
6:00pm							
6:30pm							
7:00pm	Admin Class 6:30-9:00		Open Gym 4:30-9:30	Women's Volleyball League 5:30-10:00		Drop-in All-Age Bball 4:00-7:00	Open Gym 4:00-8:00
7:30pm							
8:00pm					Drop-in Co-Ed Vball 7:00-9:15		
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-4400 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)